



FOR IMMEDIATE RELEASE

Contact: Sheryl Zeitler
Constituent Engagement Manager
sheryl.zeitler@gcjfcs.org
727-210-8519

Free Training Offered to Assist Local Holocaust Survivors

Gulf Coast JFCS and Empath Health have teamed up to provide specialized training designed for the family and caregivers of Holocaust survivors. Gulf Coast JFCS will bring their expertise in trauma informed care to this training, assisting family members as well as caregivers, in understanding how early trauma affects an individual as they age.

“Support intended to help survivors may actually trigger memories of Holocaust horrors. A simple thing like cleaning the refrigerator and throwing away moldy food, may cause a bad reaction. People often assume that over time, trauma fades away. Survivors actually tend to be more easily triggered as they age, especially with an increasing lack of control over their bodies and their lives,” reports Alison Solomon, LCSW. Solomon developed the educational material and will co-present along with Empath Health.

Empath Health will add their expertise in family caregiving and the importance of self-care. Kelly Siegel, Community Partnership Specialist with Empath Health shares, “Self-care is so important for the caregiver as there are startling statistics about their own health declining significantly, if neglected.”

Training Details

Date: January 31

Time: 9am – 12noon

Location: Gulf Coast JFCS

Address: 14041 Icot Blvd Clearwater FL 33760

Reservations are required. Networking opportunity and continental breakfast included. To reserve a spot or for questions, contact Kerri Brennan, kerri.brennan@gcjfcs.org or 727-479-1811.

Gulf Coast Jewish Family and Community Services, Inc. has been serving Florida since 1960. The Agency is non-religious and its mission is to protect the vulnerable and help people achieve fulfilling lives by empowering individuals and strengthening families. When the agency began in 1960, its core programming was to provide counseling and family support services to the Jewish community in Pinellas County. The agency was incorporated as a 501(c)3 in 1974. At that time, Gulf Coast JFCS began to diversify its array of services through public funding and broadened its scope to serve people of all backgrounds. Learn more about Gulf Coast JFCS at www.gcjfcs.org.

Empath Health is a nonprofit integrated network of care that provides expert, life-changing health care to those with chronic and advanced illnesses. Empath Health includes hospice, home health and physician services, independent living assistance and day care for seniors, HIV services and advance care planning. Contact Empath Health at (727) 467-7423 or EmpathHealth.org.

###