

## Refugee Mental Health Resources

### **HealthReach**

#### *Health Information in Many Languages*

HealthReach (formerly, the Refugee Health Information Network) is a national collaborative partnership that has created a resource of quality multilingual, multicultural public health information for those working with or providing care to individuals with limited English proficiency.

<http://healthreach.nlm.nih.gov/>

### **Refugee Health Technical Assistance Center**

The Refugee Health Technical Assistance Center (RHTAC) is dedicated to improving the well-being of refugees by providing tools, resources, and support for health and mental health providers in order to better meet the needs of refugees in resettlement.

<http://refugeehealthta.org/>

### **Pathways to Wellness**

Pathways to Wellness to provide early intervention and evidenced-based screening to help refugees with significant depression, anxiety and traumatic stress get connected to the care they need to heal. Pathways to Wellness has developed the Refugee Health Screener-15 refugee mental health screening tool, as well as an adjustment support group curriculum.

<http://www.lcsnw.org/pathways/>

### **Intercultural Counseling Connection Professional Resource List**

The Intercultural Counseling Connection is a referral network of mental health professionals committed to providing culturally responsive counseling and therapeutic services for refugees in the greater Baltimore area. The Connection has compiled a comprehensive resource guide for refugee mental health providers.

<http://www.interculturalcounseling.org/professional-resources>

### **Refugee Mental Health Bibliography**

Pathways to Wellness (see above) has created a Refugee Mental Health Bibliography, edited by NPCT, in an effort to compile prominent research and literature on refugee mental health, from general information to screening and assessment processes, effective interventions and best and promising practices in therapy, clinical treatment and cultural specific modalities.

[http://gulfcoastjewishfamilyandcommunityservices.org/refugee/files/2013/08/Ref\\_Mental\\_Health\\_Bibliography\\_Version\\_9\\_24\\_13\\_Final.pdf](http://gulfcoastjewishfamilyandcommunityservices.org/refugee/files/2013/08/Ref_Mental_Health_Bibliography_Version_9_24_13_Final.pdf)

### **National Partnership for Community Training (NPCT)**

NPCT offers live trainings to resettlement communities not served by torture treatment centers, produces webinars, holds consultation conference calls for those seeking specialized training and creates and disseminates country condition reports and information guides.

<http://gulfcoastjewishfamilyandcommunityservices.org/refugee/refugee-programs/national-partnership-for-community-training/>

Stay in Touch!

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