



Refugee Services
National Partnership
for Community Training

Gulf Coast Jewish Family & Community Services

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Integrative Healthcare Settings: Addressing Mental Health in Primary Care

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Mental health
care is not
separate from
health care:

The head is connected
to the body



The entire staff is part of the behavioral health team

- Geography matters
- Screening starts in the parking lot

Primary Care Considerations

- Screening by primary medical providers
- Length of provider visits
- Willing to "dive in" to topics surrounding mental health and other areas, knowing there are experts nearby
- Warm hand off or referral process
- Interruption within appointments can be okay

Exhibiting Mental Health Concerns

- Recognizing somatic symptoms
- Learning new presentations of stress
- Using the term "stress"

Interpretation: Word and culture



Rethinking "community"

Beyond geography







Contact Information

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