

## Instructions on How to Access “My Next Move”

1. Begin by going to this website: <http://www.mynextmove.org/explore/ip>
2. Be sure to read all instruction on each window
3. From the “**START**” page, click on “**NEXT**” to proceed, reading all instructions on each page
4. **INTERESTS** – Answer all of the questions clicking “NEXT” when finished with each screen
5. When all questions have been answered you have an opportunity to fine tune your answers, you may **Return to the first page** or just **View your Unsure answers**. When finished click “NEXT”
6. **RESULTS** – You can learn more about each category by clicking on each one, after reviewing you may print your results, when you request to print, there is a box at the top for you to type in your name, once you select the print option reduce your print to 60% (Preferences and then effects – click the bubble next to 100, this will allow you to change to 60%)
7. **JOB ZONES** – will help you to focus your search including experience, education and training.
8. **CAREERS** – a list of **BEST FIT** and **GREAT FIT** careers is available to you

**BE SURE TO FOLLOW THE INSTRUCTIONS ON EACH SCREEN**